

# O-Town Bellydance Intensive

## Weekend Schedule

### Friday | Sept. 18, 2026

- Feedback Session With Mercedes (1:00 pm – 3:00 pm)
- Shop and Chat (3:00 pm – 4:00 pm)
- O-Town Welcome Women's Party (7:00 pm – 9:30 pm)

### Saturday | Sept. 19, 2026

- The Nymph Training (10:00 am – 12:00 pm)
- Lunch (12:00 pm – 1:00 pm)
- Baladi Shaabi (1:00 pm – 3:00 pm)
- Shop & Chill (3:00 pm – 4:00 pm)
- O-Town Pro Show (7:00 pm – 9:30 pm)

### Sunday | Sept. 20, 2026

- The "ME MAP" (10:00 am – 12:00 pm)
- Lunch Q&A w/Mercedes (12:00 pm – 1:00 pm)  
Please bring your own lunch and water with you, or have your order arrive at 12:00 pm to enjoy the Lunch and Learn starting shortly after 12:00 pm.
- Oriental Choreography (1:00 pm – 3:00 pm) | **BRING A VEIL**
- Shop, Connect, Chill (3:00 pm – 4:00 pm)